

2002 ANNUAL REPORT



**Friends of Grace Seniors(FGS)
Korean Community Center**

Friends of Grace Seniors(FGS) Mission

Friends of Grace Seniors, Inc. is a private, nonprofit, nonpartisan, 501(c)(3) organization committed to its mission to promote independent and healthy living for members entering their golden years.

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President's Message

I am filled with thankfulness as I sit down to write my message for our second annual report. As I look back on the past year, it is truly amazing how FGS has grown from our previous year. FGS has continued to be active in developing and implementing principles and directions to carry out our mission to the fullest. In short, we have seen a remarkable growth in 2002, reaching our membership enrollment to 500, and continuously adding and expanding programs and services. Our revenue has increased from \$150,000 to \$200,000 in 2002.



On March 22, FGS held an annual dinner to celebrate its 2nd anniversary at Palisadium. We were able to purchase a FGS van to provide transportation services to our seniors with the donated money raised at this dinner. The FGS gallery was successful in providing a venue where various artists and our members to present and exhibit their work to the public. It was a proud moment when we were able to have a drawing exhibition of Nam June Paik, a world renowned artist. It was with a regret that the gallery had to be temporarily closed in July due to the need for a space for our senior care services.

In July, FGS started the Care Management Program providing services to frail and elderly Korean/Asian-American homebound residents and their caregivers under the auspices of the Bergen NJ Ease Care Management System. Three care managers completed the State's mandatory training and received the care manager certificate.

In August, 18 senior members went on a very enjoyable trip to New England. Our itinerant dance team, made up of seniors, has been invited to many senior and community centers drawing enthusiastic responses wherever they go.

In November 2, we held a bazaar selling handmade arts and crafts as well as home made food. In November 15, we held a successful fund raising dinner for our senior care service program at Palisadium. It was a pleasure to have such fine guest speakers, Wonil Cho, Korean Consul General, Anne Ciavaglia, Director of Bergen County Senior Services, and Timothy McGowan, Senior Vice-President of Pascack Valley Hospital, who joined us that night.

We also have been busy planning for the opening of a Korean Community Center in Closter, with the support from Pascack Valley Hospital. The plan has been approved by Closter township and the building is currently under renovation to open in early spring, 2003. We also plan to publish a bi-monthly magazine "Korean Community" to be distributed in January, 2003. This replaces the "Health & Services" magazine and will provide more expanded and comprehensive information and news of not just FGS but the whole community.

Since its inception three years ago, FGS has been operating entirely by dedicated volunteers. For the first time this year, we were able to hire care managers and an administrative assistant for care management program with the grant money from Bergen County Senior Services.

FGS is no longer just another Korean agency. It has grown to become a community organization recognized by the larger community on both local and state levels. We continuously strive to become a bridge between the first generation immigrants and the later generations, and between Koreans and other ethnic groups, to form a stronger and more unified community.

Our continued success depends on the cooperation and teamwork of all our members, volunteers, and friends. Our mission would not be possible without the tireless dedication of our volunteers and the deep commitment of our Board of Directors. Lastly, I would like to recognize and thank our donors and friends for their generous supports. I look forward to sharing our exciting future with all of you.

A handwritten signature in cursive script, reading "Kye-Eun Ma".

Kye-Eun Ma, M.D.

Program and Services

In order to achieve our stated mission, FGS operates, provides and sponsors educational, cultural and physical wellness programs. Additionally, we offer senior care services, run a volunteer gift shop, and develop a senior housing project. Programs and services are intended to serve the diverse group of seniors and families from healthy to frail, regardless of their financial status, to meet their particular needs in various areas including cultural, educational, financial, and health-related domains.

FGS strives to empower our seniors to help themselves, others, and our community, and brings seniors and families, the young and the old to work together, building our community of people to make our mission possible. Our cultural, educational, and physical wellness programs were initially began with the elderly but have grown to attract younger generations and their families. FGS is no longer just a place for seniors anymore. Rather, it has become a community center where everyone can come to share and enjoy as well as give their talents and time for others while supporting the frail and vulnerable seniors.

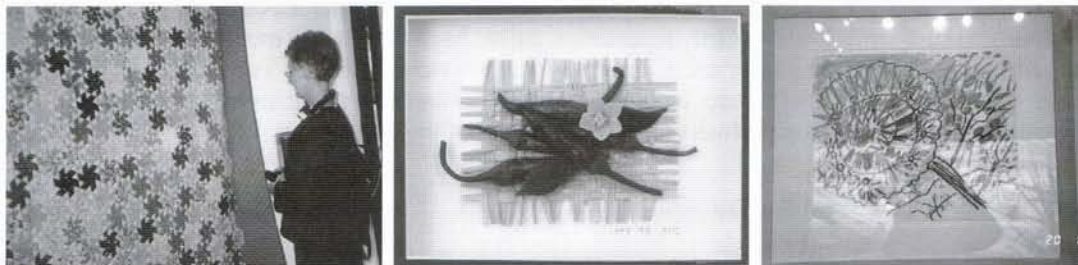
1. Educational, Cultural and Physical Wellness Program

The program offers the seniors over 25 classes to choose from. Classes include quilt, citizenship preparation, English, computer, Korean dance, yoga, tai chi, dan exercise, line dance, Far East culture and character, American history, music appreciation, singing, harmonica, arts and crafts, ceramic, water painting, oriental brush painting, special lecture series, cooking etc. The hours are from 10am to 3pm daily with out-door activities planned on Wednesdays that include visiting museums, hiking, visiting gardens and historic sites, etc. The center provides lunch to members who attend the classes. Members bring home made food to share with others.



Program and Services

The FGS gallery was successful in providing a venue where various artists and our members to present and exhibit their work to the public.



Our itinerant Korean dance team, made up of seniors, was invited to many senior and community centers drawing enthusiastic responses



2. Senior Care Services

FGS senior care services are part of the Bergen-NJ EASE Network. Social workers and care managers provide comprehensive services to seniors and their families to meet their needs. Our volunteer services offer invaluable assistance to our program. Bilingual services are provided.

Care management program

FGS has begun to provide care management program providing services to frail and elderly Korean/Asian homebound residents and their caregivers under the auspices of the Bergen NJ Ease Care Management System since July. Three care managers completed the State's mandatory training and received the care manager certificate.

Our trained care managers visit clients in their homes to assess their needs, develop care plans, implement and monitor an individualized plan of care for frail and homebound elderly so they can remain in the community preventing early admission to a nursing home.



Information, Assistance (I & A) and Benefit screening

Low-income seniors who are eligible for social service programs have not been able to fully access these benefits mostly due to language and cultural barriers. The State trained I&A specialists offer information and assistance for various social benefits and screen for eligible benefits.

Program and Services

Health Care Services

Every Tuesday, a volunteer M.D. and a nurse offer the members health counseling and education as they review their medical histories and medication. Blood pressure and blood sugar screenings have been given to members. Members with abnormal values are referred to local physicians. Every Tuesdays from 11am to 12 pm, physicians or health related professionals are invited to provide health seminars on various common disorders of the elderly.



Transportation Services

FGS purchased a van with the donated money raised at the annual dinner. A volunteer driver provides transportation to seniors who are otherwise unable to come to the center.

Friendly telephone contact and home visiting programs

A volunteer friendly visitor visits homebound and frail elderly to provide companion and friendship.

Home Health Aid Services

FGS has started to develop Home Health Aid Team for homebound and frail elderly who needs Korean speaking home health aids due to language and cultural barriers. Seven members completed home health aid training courses sponsored by Loving Care Agency and received certificates.



3. Volunteer Gift Shop

The Gift Shop sells hand made arts and crafts created by the members during classes to financially support FGS. Bazaars have been held annually with these items. Additionally, this program is rewarding and even therapeutic for distressed and lonely seniors. This program not only provides a social activity for the elderly but also offers them opportunities to receive a sense of purpose and a feeling of self-worth.



4. Senior Housing Development Project

FGS is in the process of planning and developing plans to build and operate a retirement housing to serve the low income elderly and an assisted living facility for seniors. We have attended workshops given by HUD, gathered information, and raised funds to achieve our goal.

Financial Statement

STATEMENT OF FINANCIAL POSITION December 31, 2002

Assets:		
Cash and cash equivalents	\$	64,350
Vehicle, net		20,169
Other assets		9,800
Total assets	\$	94,319
Liabilities and Net Assets:		
Liabilities:		
Loans payable	\$	18,117
Net Assets:		
Unrestricted		76,201
Total liabilities and net assets	\$	94,319

STATEMENT of ACTIVITIES for the Year Ended December 31, 2002

	Unrestricted	Temporarily Restricted	Total
SUPPORT AND REVENUE:			
Contributions	\$ 78,860	\$ 12,153	\$ 91,013
Membership income	5,325	-	5,325
Fund-raising activities	5,947	-	5,947
Other special fund-raising events	54,470	-	54,470
Interest income	187	236	423
State grant	-	12,500	12,500
Program fees	-	8,618	8,618
Net assets released from restrictions:			
Satisfaction of program restrictions	21,118	(21,118)	-
Total support and revenue	165,907	12,389	178,296
EXPENSES:			
Program service	9,491	-	9,491
Fund-raising activities	4,129	-	4,129
Other special fund-raising events	17,240	-	17,240
Operating expenses:			
Auto	850	-	850
Auto insurance	2,172	-	2,172
Depreciation	14,358	-	14,358
Insurance	307	-	307
Interest	1,030	-	1,030
Miscellaneous	2,036	-	2,036
Office supplies and expense	5,978	-	5,978
Postage	2,756	-	2,756
Printing	8,060	-	8,060
Professional fees	5,130	-	5,130
Rents	71,400	-	71,400
Salaries & wages	19,800	-	19,800
Utilities	8,812	-	8,812
Total expenses	173,549	-	173,549
CHANGES IN NET ASSETS	(7,642)	12,389	4,747
NET ASSETS, BEGINNING OF YEAR	47,975	23,480	71,455
NET ASSETS, END OF YEAR	\$ 40,333	\$ 35,869	\$ 76,202

Contributors

The generous support of our donors makes the programs and services of Friends of Grace Seniors possible.

Grants

Bergen County Division of
Senior Services

Sponsoring Friends(\$1,000 & Up)

Ja Sung Chang
Byung Soo Cho
Cho Dae Presby.Church
Soon Hee Choe
Jai Ock Chu, M.D.
Kwang Boon Ha
Hyung Suk Ha
Tai Sun Hong
Sun Young Joo
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Woori America Bank
Pascack Hospital
Dong Hwan Kim
Moon Hi Lee, M.D.

Contributing Friends(\$500 & Up)

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Chong Ja Chun
Hyo Kyung Kang
Sung Il Song
Doug Jin Yoon, Esq.

Friends (\$200 & Up)

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Jung Hwan Ahn, M.D.
Eun Sook Ahn
Chung H. Bae, M.D.
Young Yul Bae
Daniel Baek
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Chung Shin
Juliana Son
Bin So Song
Chul Sup Song
Ho-Jung Song
Margo Suh
You Bong Won
Jung In Yang
Jung Ja Yim
John Yun

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Officers & Directors • 이사진

Lee, S. Howard, M.D.

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Ma, Kye-Eun, M.D.

President

Lee, Sei Ryun

Vice President

Yim, Min Wan, RN

Vice President

Lee, Keon Sook

Secretary

Ha, Kwang Boon

Treasurer

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Kim, Hyung Soo

Kim, Jongoon

Kim, Ki Young

Kwak, Dong Myung, M.D.

Lee, Chong Ja

Lee, Soo Duk, M.D.

Lee, Moon Hi, M.D.

Ma, Dong M., M.D.

Myung, Hyun Sook

Song, Ho-Jung, CA

Yoon, Doug Jin, Esq.

Staff

Executive Director: Ma, Kye-Eun, M.D.

Program & Service Directors:

Health & Senior Care Services: Hong, Kay, M.D.

Cultural, Educational & Physical Wellness Program: Hong, Wonhwa

Fund Raising & Finance: Lee, Jeung Hee

Membership: Ma, Kye-Eun, M.D.

Public Relations: Kim, Kyung Hwa

Gift Shop: Kim(Yoon), Sook Hye

Grant Application : Kim, Christina, CSW

Volunteer Services: Kim, Eun Ok

Care Managers:

Kim, Sooyoun, Ph.D.

Kim, Christina, CSW

Program Coordinators:

Home Aide Service: Myung, Hyun Sook

Exercise: Lee, Ja-Keong

Hwang, Eun Jin

Health: Kim, Chung Ja, R.N.

Office Administrator:

Lee(Park), Young Ja

Membership

Programs and services of Friends of Grace Seniors would not be possible without the support of its members and friends. There are two kinds of membership-Members and Friends. Members who are over 55 years old pay annual dues according to their age and receive the basic benefits of membership. Friends are open to individuals of any age who support FGS through their annual contribution. Friends are offered privilege of basic membership benefits and are entitled to be elected to become directors. Basic membership benefits include admission to educational, cultural, and physical wellness programs, an advance notice of special events, and receiving the FGS magazine "Korean Community". Members and Friends earn one credit a year which can be accumulated over the years for discounts and priority to FGS programs and services as determined by the executive committee. Committed volunteers may be waived from paying membership dues and receive benefits of members as determined by the executive committee. Directors and volunteers earn one credit quarterly according to their time devoted to FGS. Membership is open to seniors and all who support the FGS mission regardless of age, race, financial status, and religion.

Type of Membership	Annual Due/Contribution
A. Senior Member(over 65)	\$30
B. Adult Member(55-64)	\$50
C. Friend	\$200&up
D. Contributing Friend	\$500&up
E. Sponsoring Friend	\$1,000&up
F. Committed Volunteer	



Friends of Grace Seniors, Inc. (FGS)

Friends of Grace Seniors, Inc. (FGS) is a nonprofit community and service organization which promotes independent and healthy living for members entering their golden years through programs that build spirit, mind and body.

The FGS's inception was brought about by a few committed individuals who saw the needs of immigrant elderly the opportunities to give and help others while still maintaining their dignity and cultural pride as they age in a foreign land. FGS strives to provide a safe and warm place where the members can come to socialize and participate in various programs that invite opportunities for growth and foster spirit of giving. Although the programs are primarily geared toward people who are over 55, FGS is open to all people regardless of age, sex, race, religion or financial circumstances, .

The initial program grew out of New Americans Program in YWCA, Fort Lee, Bergen County in September 1999. On February 16, 2000, FGS formally registered with the State of New Jersey as a nonprofit organization under the leadership of Kye-Eun Ma, M.D. On September 6, 2000, the FGS received an approval for 501(c)(3) nonprofit organization from the Internal Revenue Service.

The FGS has been run entirely by dedicated members and volunteers since its inception. The FGS's operating fund is derived from contributions, grants, membership dues, program fees and sales from bazaars of hand made goods.

Main Office

**2000 Bigler St. Second Floor
Fort Lee, NJ 07024**

**Tel: 201-585-2100
Fax: 201-585-2190**



FGS Korean Community Center

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